

Every Leaders Guide to Better Confidence




1. You belong in the room no matter what your mind (or anyone else) tell you.
2. Audience members want to hear from you, even when it doesn't look that way.
3. No one has your exact experiences, so inventory and own them as assets.
4. When you can safely share from those experiences, you give a gift to audience members. How do you want to give your gift?



An inventory of our personal experience connects leaders to moments of confidence

Experience	Example 1	Example 2	Example 3
Work (professional)			
Work (formative)			
Education			
Home Internship			
Training			
The Good			
The Bad (and Ugly)			
I can...!			

As coaches, mentors, and leaders, we can model these moments, as this student has done

Experience	Example 1	Example 2	Example 3
Work (professional)	Kelley School	State of Indiana and Congress	Kroger Corporation
Work (formative)	IUPUI Adjunct	Working for Uncle Donnie at Melton's Orchard	UPS
Education	Comm Masters 	PhD (in progress)	Grandview Elementary
Home Internship	Step-Dad's Cookie Truck	Indiana House of Representatives	Waiting Tables
Training	'Killing Snakes' Workplaces 	Campaign Management	Co-Manager
The Good	Teaching	Wife and 2 daughters!	Won an election
The Bad (and Ugly)	Former workplace restlessness among success	A prior divorce	Lost an election
I can...!	Storytelling 	Context lead	Positivity